

**RCS – Franklin Canyon – Pinole – Orinda – Lafayette Loop**  
**Approx 2500 ft climbing**

Right	Jones Rd	0.0
	U-turn to Iron Horse Trail to	
Left	bridge	0.1
Left	Merge on Coggins Dr	0.5
Straight	Continue on to Oak Park Blvd	1.0
Right	Patterson Blvd	1.8
Left	Boyd Rd	2.5
Right	Pleasant Hill Rd	3.2
Straight	Continue on Alhambra Ave	4.4
Left	Franklin Canyon	7.6
Right	Cummings Skyway	11.9
Left	San Pablo Ave	16.2
Left	Railroad Ave	17.9
Right	1st St	18.0
Left	Parker Ave	18.1
Right	San Pablo Ave	18.8
<b>Water</b>	<b>REST STOP - Bear Claw Bakery</b>	<b>21.0</b>
Right	Continue on San Pablo Ave	21.0
Left	Tennent Ave	21.0
Straight	Continue on Pinole Valley Rd	21.3
Right	Castro Ranch Rd	25.0
Left	San Pablo Dam Rd	27.3
Straight	Continue on Camino Pablo	32.7
Left	Brookwood Rd	35.0
Left	Moraga Way	35.0
<b>Left</b>	<b>REST STOP - Starbucks</b>	<b>35.1</b>
Left	Continue on Moraga Way	35.1
Right	Bryant Way	35.1
Right	Vashell Way	35.2
Left	St. Stephens (Mil \$) Trail	35.2
	St. Stephens Dr - freeway	
Left	overpass	36.2
Right	El Nido Ranch Rd	36.3
Straight	El Nido goes under freeway	37.8
Left	Mt. Diablo Blvd	37.9
Right	Mountain View Dr	38.9
Left	Bickerstaff Rd	39.0
Left	Stay on Bickerstaff	39.1
Right	Dewing Ave	39.3
Left	Brook St	39.4
Left	Moraga Rd	39.7
Right	Moraga Blvd	39.8
Right	Hawthorne Dr	40.7
Left	Lafayette/Moraga Trail	40.7
Straight	Continue onto Olympic Blvd	41.1
Right	Newell Ave	42.7
Left	S. Broadway	43.7
Right	Mt Diablo Blvd	44.1
Left	Iron Horse Trail	44.2
Right	Jones Rd	46.0
Left	Finish - RCS lot	46.1

